



## UNH 4-H SUMMER CAMPS 2007

Are you looking for an affirming, and belonging environment for your child this summer?  
Would your child benefit from a positive relationship with a caring adult?  
Does your child need the opportunity to be an active learner and explore new knowledge areas?

*UNH 4-H Summer Camps is open to everyone – 4-H membership is not required.*

### Where learning (and fun!) lasts a lifetime!

Whether you're looking for a small environmental camp or a large coed camp bustling with activity, UNH 4-H Camps has it *all*. Adventure, leadership opportunities, exciting field trips, and new friends are all waiting for you.

Your child can experience Day Camp, Overnight Camp or special TEEN ADVENTURES.

**UNH 4-H Camps – two great locations.** Bear Hill Camp and Barry Conservation Camp offer exciting youth camp experiences. Select the program best suited for your child. Both offer all the great things that camp should be.... old and new friends, camp songs, a great waterfront, wooded paths, and rustic cabins. For information, call 603-862-2184 or visit us on our web site at [www.extension.unh.edu](http://www.extension.unh.edu)



### Bear Hill Camp at Bear Brook State Park, NH

Bear Hill Camp offers Overnight, Mini, and Day Camps with programs focusing on swimming, arts and crafts, nature, outdoor education, environmental activities, canoeing, program electives and *fun!*

#### **Traditional Overnight Camp**                      \$395/week

A great camp experience for youth ages 6-16. Sunday to Friday. Gain skills, create friendships, and sample a wide range of topics: nature, crafts, archery, sports, science, swimming, and boating. Enjoy special evening programs and campfires.

Sessions: July 1-July 6, July 8-13, July 15-20, July 22-27, July 29-August 3, August 5-10, August 12-17

#### **Mini Camp**                      \$295/session

Open to youth ages 6-12. Sunday to Wednesday. This three-day camp is perfect for first-time campers or younger children. For those who really enjoy mini camp, there is also an option to stay the rest of the week at an additional charge. Sessions: July 8-11, July 15-18, July 22-25, July 29-August 1, August 5-8, August 12-15



#### **Day Camp**                      \$275/week

This program for ages 6-16 operates Monday to Friday, 8:30 a.m.– 4:00 p.m. Early and late care options are available.

Sessions: July 2-6, July 9-13, July 16-20, July 23-27, July 30-August 3, August 6-10, August 13-17

#### **Leadership Camps...develop your potential!**

Bear Hill Leaders in Training (LIT) for youth 14 and older

A two-week program, July 8-13/ July 15-20, \$800/session

Bear Hill Mentor Program for youth 16 and older

A three-week program, July 1-6 / July 8-13 / July 15-20, \$875/session

#### **Teen Adventure Series: For youth 12 and older**

**Healthy Athlete**                      July 15-20                      \$495

Investigate sports conditioning, nutrition and psychology through interactive workshops and guest speakers. The week's highlight is a trip to a Red Sox Game!

## Teen Adventure Series: *For youth 12 and older - Continued*

**Baaa Hill** July 22-27 \$495

Explore careers in animal science and veterinary medicine while becoming caretakers of goats and learning more about trekking with animals. Goats will be provided.

**Take to the Skies** July 29- August 3 \$495

Tour Pease Air National Guard Base and try out the flight simulator. Travel to the Christa McAuliffe Planetarium and to the UNH Observatory for late night stargazing.

**NH Expedition** August 5-10 \$495

Explore the terrain of New Hampshire and travel to the caverns of Lost River. Use GPS units while orienteering at the University of New Hampshire's College Woods and take a two-hour zip line adventure in Lincoln.

**Island Adventure I** August 12-17 \$495

Spend two nights on the Isles of Shoals. Learn from UNH Marine docents and staff of the UNH/Cornell University Shoals Marine Lab. Delve into the history of the Shoals, including pirates and shipwrecks. Explore the dunes of Hampton Beach.

**Island Adventure II** August 12-17 \$495

Interested in Marine Biology/Science careers? This 2 night overnight trip takes an in-depth scientific approach to the Isles of Shoals. Explore the ecosystem of the island and the marine lab. Enjoy other exciting on and off island activities, too.

## Barry Conservation Camp, Berlin, NH



Barry Conservation is located in the White Mountain National Forest at the Fish Hatchery in Berlin, NH. This 4-H camp is operated in conjunction with the NH Fish and Game Department. Barry Conservation Camp emphasizes responsible use of firearms, safe hunting practices, environmental awareness, conservation principles and ethics. Of course, there is swimming and canoeing in York Pond and group activities that encourage teamwork.

**Let's Go Fishing!** July 8-13 \$395

This six-day session is for youth ages 10-16. Come catch that big one! Develop fishing skills. Learn about gear and tackle, lake biology, fish behavior, and how to behave responsibly in the wild. The week's highlight is an overnight fishing and canoe trip on Lake Umbagog, a national wildlife refuge. Equipment provided, or bring your own.

**Advanced Shooting Sports** July 15-20 \$395

For experienced archers and shooters ages 10-16, who want to advance their skills. Learn marksmanship, the safe and responsible use of firearms, principles of hunting and archery, conservation ethics, and much more. Previous experience and a genuine interest in shooting sports are essential.

**Hunter Safety & Certification Program** July 22-27 \$395

Taught by N.H. Department of Fish & Game staff and volunteers. Must be between the ages of 12-16. Learn and practice safe hunting skills and behaviors. Explore wildlife biology and hunting ethics. Practice daily at the range. As this is an intense training, you'll receive a training notebook in advance. Develop competencies to become certified. *Open only to those without current hunter education certification.*

**Walk on the Wild Side** July 29-August 3 \$395

In America's technology-based culture, the gap between youth and nature is growing. Experience nature and reunite with the great outdoors. While camping on Lake Umbagog, you will create a meal out of gathered plants, fillet a fish and cook it over an open fire, sleep under the stars, climb a mountain, swim in a pond, create nature crafts, and more. Truly experience the great outdoors. Ages 10-16.



UNH 4-H Camps is not a school sponsored organization.

UNH 4-H Camps is a program of UNH Cooperative Extension, an equal opportunity educator and employer.

